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Is it the Neck or the Shoulder?

Diagnosis & Treatment of Upper Back and Neck Pain

Greg Nakamoto, MD, FACP
Department of Orthopedics and Sports Medicine, Virginia Mason Medical Center; Clinical Assistant Professor of Medicine, University of Washington

Atul K. Gupta, MD
Physical Medicine and Rehabilitation, Virginia Mason Medical Center

Lecture Description

Work-related complaints of the arm, neck and shoulder develop as a result of repetitive movements, awkward postures and impact of external forces such as work with vibrating tools. These conditions severely hamper the working population, and in WA state, lost work days due to neck, arm, and shoulder represent 60% of workers’ compensation claims (WA L&I). An aching shoulder may not be due to the shoulder, and a sore neck may not indicate a neck issue. The neck and shoulder are intimately connected by multiple nerve pathways and injuries in one area often results in referred pain to the other. Thus the importance of a thorough exam of both neck and shoulder key to making a diagnosis and determining a treatment program. Drs. Nakamoto and Gupta will discuss the physical exam of the neck and shoulder, and how results from the exam inform the best course of treatment for safely returning the injured patient back to work.
Registration
In-person registration includes lecture, a light meal and networking hour, and parking.

**In-Person Networking Lecture:** $50  
**Live Webinar:** $25

To register, please visit [osha.washington.edu](http://osha.washington.edu) or contact the UW DEOHS Continuing Education Programs at 206-685-3089 or ce@uw.edu.

Interested parties located in or near Olympia, WA, are invited to join colleagues at the WA State Department of Labor and Industries for a group viewing of the live webinar broadcast. Please see [osha.washington.edu](http://osha.washington.edu) for more information.

Intended Audience
Occupational and Environmental Medicine Physicians, Physician Assistants, Nurses, and other health care professionals involved in treating patients with multiple or complex medical conditions in occupational and environmental medicine.

Accreditation
Continuing education for the activity has been approved. The Centers for Disease Control and Prevention designates this live activity for a maximum of 1.25 AMA PRA Category 1 Credits™.

Please see osha.washington.edu for complete information on the types of continuing education available.

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