



Occupational and environmental health exposures cause thousands of illnesses and injuries each year.

This lecture series addresses the evaluation, treatment, and prevention of disease and injuries related to environmental and occupational exposures encountered by physicians and their colleagues in local, regional, and international settings.

At this venue for education and professional networking, join us as we explore:

- * Current issues and emerging trends in occupational and environmental medicine
- * Practical applications of new scientific discoveries
- * Best practices in occupational and environmental medicine

Occupational and Environmental Medicine Lecture Series

2019-2020 OEM GRAND ROUNDS LECTURE SERIES

UW Medicine South Lake Union - Building E, Room E130

750 Republican St, Seattle, WA 98109

6:00pm Networking and light meal 6:45pm Lecture

OR attend via live webinar

February 27, 2020

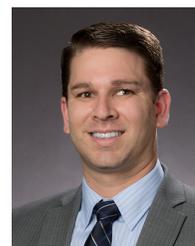
Is it the Neck or the Shoulder?

Diagnosis & Treatment of Upper Back and Neck Pain



Greg Nakamoto, MD, FACP

Department of Orthopedics and Sports Medicine, Virginia Mason Medical Center; Clinical Professor of Medicine, University of Washington



Atul K. Gupta, MD

Physical Medicine and Rehabilitation, Virginia Mason Medical Center

Lecture Description

Work-related complaints of the arm, neck and shoulder develop as a result of repetitive movements, awkward postures and impact of external forces such as work with vibrating tools. These conditions severely hamper the working population, and in WA state, lost work days due to neck, arm, and shoulder represent 60% of workers' compensation claims (WA L&I). An aching shoulder may not be due to the shoulder, and a sore neck may not indicate a neck issue. The neck and shoulder are intimately connected by multiple nerve pathways and injuries in one area often results in referred pain to the other. Thus the importance of a thorough exam of both neck and shoulder key to making a diagnosis and determining a treatment program. Drs. Nakamoto and Gupta will discuss the physical exam of the neck and shoulder, and how results from the exam inform the best course of treatment for safely returning the injured patient back to work.





Sponsors:

OEM Grand Rounds is supported by the Northwest Center for Occupational Health and Safety, Department of Environmental and Occupational Health Sciences, University of Washington School of Public Health

Cancellation Policy:

Participants may cancel up to one week prior to the event. After this date, fees will be forfeited. Attendee substitutions will be accepted with written notice one week prior to the event.

The University of Washington is committed to providing access and reasonable accommodations in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation, contact the Disability Services Office at least 10 days in advance at: 206-543-6450 (voice); 206-543-6452 (TDY); 206-685-7264 (FAX); or dso@u.washington.edu (e-mail).

Registration

In-person registration includes lecture, a light meal and networking hour, and parking.

In-Person Networking Lecture: \$50

Live Webinar: \$25

To register, please visit osha.washington.edu or contact the UW DEOHS Continuing Education Programs at 206-685-3089 or ce@uw.edu.

Interested parties located in or near Olympia, WA, are invited to join colleagues at the WA State Department of Labor and Industries for a group viewing of the live webinar broadcast. Please see osha.washington.edu for more information.

Intended Audience

Occupational and Environmental Medicine Physicians, Physician Assistants, Nurses, and other health care professionals involved in treating patients with multiple or complex medical conditions in occupational and environmental medicine.

Accreditation

Continuing education for the activity has been approved. The Centers for Disease Control and Prevention designates this live activity for a maximum of 1.25 AMA PRA Category 1 Credits™.

Please see osha.washington.edu for complete information on the types of continuing education available.

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