



Occupational and Environmental Medicine Lecture Series

Occupational and environmental health exposures cause thousands of illnesses and injuries each year.

This lecture series addresses the evaluation, treatment, and prevention of disease and injuries related to environmental and occupational exposures encountered by physicians and their colleagues in local, regional, and international settings.

At this venue for interdisciplinary education and professional networking, join us as we explore:

- * Current issues and emerging trends in occupational and environmental medicine
- * Practical applications of new scientific discoveries
- * Best practices in occupational and environmental medicine

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University of Washington Waterfront Activities Center

3710 Montlake Blvd NE, Seattle, WA 98195

6:00 pm—Networking & hors d'oeuvres 6:15—Dinner 6:45—Lecture

Wednesday, March 2, 2016



Shoulder Pain: From Physical Examination to Clinical Diagnosis

Greg Nakamoto, MD FA

*Department of Orthopedics and Sports Medicine,
Virginia Mason Medical Center*

*Clinical Assistant Professor of Medicine, Department of
Medicine, University of Washington School of Medicine*

Shoulder pain and injuries are common among workers in the United States. In 2014 alone, 88,980 work-related shoulder injuries were reported, the median number of days away from work for these injuries was 26.*

The purpose of this talk is to help the clinician develop a systematic, clinically informative physical examination of the shoulder. Additionally, upon completion of this talk, participants will have been introduced to a conceptual model to help them understand how the shoulder works, and should be able to use this model to translate findings on physical exam into treatable clinical diagnoses. These goals will be accomplished through illustrative cases as well as a hands-on physical examination teaching session.

Speaker Bio

Dr. Greg Nakamoto completed his residency at the University of Washington, and his fellowship in sports medicine at the University of California San Diego. Dr. Nakamoto specializes in non-operative treatment of knee and shoulder injuries, and has been practicing sports medicine for 15 years. On his patient care methods he says, "An important part of what I do, which is treating non-operative musculoskeletal problems, is educating patients - teaching them what caused their injury, how to heal their injury and how to prevent their injury from coming back."

* Source: Bureau of Labor Statistics, U.S. Department of Labor. Nonfatal Occupational Injuries and Illnesses Requiring Days Away from Work, 2014. Thursday, November 19, 2015.



CONTINUING EDUCATION PROGRAMS

NORTHWEST CENTER FOR OCCUPATIONAL HEALTH AND SAFETY



Registration

Registration includes networking dinner, lecture, and parking. Enrollment is limited, completed registration is required four business days prior to the session.

Register online at osha.washington.edu or call 206-543-1069.

Networking Dinner Lecture: \$60
New Live Webinar: \$25

After Feb 24, 2016 a \$50 late fee will apply

Cancellation policy:

Participants may cancel up to one week prior to the event. After this date, fees will be forfeited. Substitutions will be accepted with written notice one week prior to the event.

Remaining 2015–2016 Series Schedule

Seattle Location TBD

6:00 pm—Networking with hors d'oeuvres
6:15—Dinner
6:45—Lecture

May 4, 2016

6pm Dinner Lecture: UW Magnuson Health Sciences Building, Room D209

Clinical Aspects of Occupational Chemical Exposures: Hanford Case Study

Panel Discussion, Moderator: Joel Kaufman, MD
Professor, Environmental & Occupational Health Sciences,
Epidemiology, and General Internal Medicine, University of Washington

This schedule is subject to change

Intended Audience

Occupational and Environmental Medicine Physicians, Physician Assistants, Nurses, and other health care professionals involved in treating patients with multiple or complex medical conditions in occupational and environmental medicine.

Accreditation

CME, CNE, & IACET are available per session. Please visit osha.washington.edu for detailed accreditation and disclosure information

Sponsors

Northwest Center for Occupational Health and Safety, Department of Environmental and Occupational Health Sciences, University of Washington School of Public Health

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