

October 14, 2021
Virtual Lecture

Thriving in Medicine Today

Occupational & Environmental Medicine Grand Rounds Lecture Series 2021-2022



Tom Jenike, MD

Senior Vice President, Chief Well-Being Officer, and Family Physician,
Novant Health

About the Speaker & Lecture Overview

Dr. Jenike will discuss the drivers of fatigue, burnout and disengagement among healthcare professionals today, and why addressing this issue head-on is an imperative for healthcare organizations. This lecture will provide participants with strategies to build well-being into their personal and professional lives to increase sustained fulfillment and performance.

As Chief Well-Being Officer for Novant Health, Dr. Jenike's responsibilities include the development and execution of a comprehensive and holistic system approach to well-being and resiliency. The driving premise is that in order to be world-class at caring for its patients, Novant Health must be world-class at caring for its people. In service of this goal, Dr. Jenike has become well-known as a thought leader in addressing physician burnout and has built and facilitates nationally recognized leadership programs that emphasize resiliency, self-care and wellness.

REGISTRATION & COURSE LOGISTICS

October 14, 2021, 6:00-7:30pm

Live, virtual lecture using 2-way Zoom video conferencing technology.

Registration Price:

\$39 for Single Lecture, or \$125 for Series of 4 Lectures

To register, visit osha.washington.edu or contact ce@uw.edu or 206-685-3089.

INFORMATION

Northwest Center for Occupational Health and
Safety Continuing Education Programs

Phone: 206-685-3089

E-mail: ce@uw.edu

Website: osha.washington.edu

-See reverse for more information



**NORTHWEST CENTER FOR
OCCUPATIONAL HEALTH AND SAFETY**
ENVIRONMENTAL & OCCUPATIONAL HEALTH SCIENCES | SCHOOL OF PUBLIC HEALTH

ACCREDITATION

Continuing education for the activity has been approved.

The Centers for Disease Control and Prevention designates this live activity for a maximum of 1.25 AMA PRA Category 1 Credits™.

Please see osha.washington.edu for complete information on the types of continuing education available.

ABOUT THE LECTURE SERIES

Occupational and environmental health exposures cause thousands of illnesses and injuries each year. This lecture series addresses the evaluation, treatment, and prevention of disease and injuries related to environmental and occupational exposures encountered by physicians and their colleagues in local, regional, and international settings.

At this venue for education and professional networking, join us as we explore:

- Current issues and emerging trends in occupational and environmental medicine
- Practical applications of new scientific discoveries
- Best practices in occupational and environmental medicine

The Occupational and Environmental Medicine Grand Rounds Lecture Series is offered virtually via live, two-way video conferencing technology.

Additional lecture dates will be scheduled for February-May 2022, and will cover 3 of the following topics:

- Fire Fighter Examinations and Incorporation of NFPA 1582
- Ergonomics: Wrist, Hand, Forearm, Including Impairment Rating Exams
- Sleep Disorders and Impairment at the Workplace
- Heat Illness Update

Series Registration Price: \$125 for 4 live, virtual lectures. For more information about series registration, visit osha.washington.edu.

Planning Committee:

Debra Cherry, MD, MS
June Spector, MD, MPH
Esi Nkyekyer, MD, MPH
Arthur Wendel, MD, MPH
Nancy Simcox, MS
Sarah Wolz, MS
Ann Tu, MD, MPH

Sponsors:

OEM Grand Rounds is supported by the Northwest Center for Occupational Health and Safety, Department of Environmental and Occupational Health Sciences, University of Washington School of Public Health

INTENDED AUDIENCE

Occupational and Environmental Medicine Physicians, Physician Assistants, Nurses, and other health care professionals involved in treating patients with multiple or complex medical conditions in occupational and environmental medicine.

To request disability accommodation, contact the Disability Services Office at least 10 days in advance at: 206-543-6450 (voice); 206-543-6452 (TDY); 206-685-7264 (FAX); or dso@u.washington.edu (e-mail)