Mental Health in the Workplace

Occupational & Environmental Medicine Grand Rounds Lecture Series

Featured Speaker: Sidney Zisook, MD

Dr. Sidney Zisook is the Distinguished Professor of Psychiatry at the University of California, San Diego (UCSD), and director of the UCSD Healer Education, Assessment and Referral (HEAR) program.

A growing challenge for occupational health providers is the upward trend of mental health issues they face. To that end, Dr. Zisook will provide a discussion of mental health in the workplace. Among the topics addressed will be recognizing and preventing health provider burnout, depression and suicide; differentiating burnout from depression; and mental health issues related to COVID.

UC San Diego's HEAR program is a potentially transportable burnout and suicide prevention intervention. Dr. Zisook's current research projects at UCSD are 1) preventing healthcare workforce suicide, 2) novel interventions for treatment resistant depression, and 3) interventions for prolonged (aka complicated) grief disorder.

Zoom seminar

October 17, 2022
6:00– 7:30 PM
Pacific Time

INFORMATION

Occupational Safety and Health Continuing Education Programs
Phone: 206-685-3089
E-mail: ce@uw.edu
Web: osha.uw.edu

Sponsored by

NORTHWEST CENTER FOR OCCUPATIONAL HEALTH AND SAFETY
UNIVERSITY of WASHINGTON

See reverse for more information
Occupational and environmental health exposures cause thousands of illnesses and injuries each year. This lecture series addresses the evaluation, treatment, and prevention of disease and injuries related to environmental and occupational exposures encountered by physicians and their colleagues in local, regional, and international settings.

At this venue for education and professional networking, join us as we explore:

• Current issues and emerging trends in occupational and environmental medicine
• Practical applications of new scientific discoveries
• Best practices in occupational and environmental medicine

The Occupational and Environmental Medicine Grand Rounds Lecture Series is offered virtually via live, two-way video conferencing technology.

Planning Committee
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Sponsor
OEM Grand Rounds is supported by the Northwest Center for Occupational Health and Safety, Department of Environmental and Occupational Health Sciences, University of Washington School of Public Health

Course Director
Dr. Ann Tu

ABOUT THE LECTURE SERIES

INTENDED AUDIENCE
Occupational Medicine Physicians, other healthcare providers, industrial hygienists

REGISTRATION & COURSE LOGISTICS

October 17, 2022, 6:00–7:30pm Pacific Time
Live, virtual lecture using 2-way Zoom video conferencing technology

Registration—$39
To register, visit osha.washington.edu or contact ce@uw.edu or 206-685-3089.

To request disability accommodation, contact the Disability Services Office at least 10 days in advance at: 206-543-6450 (voice); 206-543-6452 (TDY); 206-685-7264 (FAX); or dso@u.washington.edu (e-mail)