

October 7, 2021 -
February 24, 2022

W

Full Range Leadership for Advancing Health and Safety

Are you ready to transform your health and safety leadership skills?

Leadership skills are a priority for safety professionals who are designing and implementing interventions to prevent workplace injuries and illnesses. This is one of currently three courses offered as part of the Leadership Academy for occupational health and safety professionals seeking to improve their leadership skills in order to transform the safety culture in their organization.

This Full Range Leadership Development course is anchored in the Center for Leadership and Strategic Thinking's Leadership Development Blueprint. This development framework was formed using over 20 years of research practice focusing on leadership. The course will be delivered remotely over twenty weeks and will include a series of live, interactive video conference sessions, and three surveys designed to measure a broad range of leadership styles.

What can participants expect to take away from this course and apply in the workplace?

Each session will provide models and frameworks for increasing the following leadership capabilities for application in the workplace:

1. Reflective practice to enhance and reinforce enhancing leader self-awareness
2. Inquiry-based Active listening for working with and developing others
3. Building coaching skills and practice
4. Giving and receiving feedback
5. Enhancing Positive Psychological Capital resources—hope, efficacy, resilience & optimism
6. Regulation of Emotional Effectiveness
7. Promoting inclusive leadership and soliciting different perspectives
8. Linking your leadership purpose to positive impact on development and performance

3.5 CEUs (35 contact hours) will be awarded for completion of this course from Northwest Center for Occupational Health and Safety at the University of Washington.

REGISTRATION

October 7, 2021 - February 24, 2022

Registration Price: \$1,495

To register, visit osha.washington.edu or contact the Northwest Center for Occupational Health and Safety Continuing Education Programs.

CONTACT US

Northwest Center for Occupational Health and Safety
Continuing Education Programs

Phone: 206-685-3089

E-mail: ce@uw.edu

Website: osha.washington.edu

MEET YOUR PROFESSIONAL LEADERSHIP COACH

Molly Breyse Cox, MA, PhD, University of Washington Foster School of Business, Center for Leadership and Strategic Thinking (CLST) - Dr. Breyse Cox has over 25 years of change management work experience with Fortune 500 companies. This includes leadership positions in IT, Operations, Customer Service, Product Management, and Marketing. She joined the CLST team in 2014 as a Leadership Development Coach and Instructor for MGMT 300 in the University of Washington Foster School of Business. Dr. Breyse Cox has experience in transformational change projects including designing and deploying new technology, organizational change and leadership development. Her work is focused on fostering safety and psychological safety in education and the workplace. In addition she was chosen in 2008 as the recipient of Women in Technology International's Leadership Award for leadership in support of women in IT.

Featured Guest Lecturer: Bruce Avolio, Executive Director of CLST in the Foster School of Business at UW Professor of Management, Mark Pigott Chair in Business Strategic Leadership

COURSE DEVELOPMENT COMMITTEE

This one-of-a-kind training was designed by and for health and safety professionals, in partnership with leadership and change management experts.

Bruce Avolio, PhD, MA, Professor of Management and Executive Director of Center for Leadership and Strategic Thinking (CLST)

Marissa Baker, PhD, MS, Assistant Professor and Industrial Hygiene Training Program Director for the Northwest Center for Occupational Health and Safety, Department of Environmental and Occupational Health Sciences (DEOHS), University of Washington School of Public Health

Molly Breyse Cox, PhD, MA, Lecturer in Management and Operations Consultant with CLST, University of Washington Foster School of Business

Martin Cohen, ScD, MS, Principal Lecturer and Assistant Chair, and Director of the Field Research and Consultation Group, University of Washington DEOHS

Kate Durand, MS, Continuing Education and Outreach Manager, Northwest Center for Occupational Health and Safety, University of Washington DEOHS

Kat Gregersen, MPH, Industrial Hygiene Supervisor at Washington State Department of Labor and Industries

Christer Helstrand, MSc, Program Director at International Aerospace Environmental Group (IAEG)

Ann Lindsey, CSP, CET, President & Senior Health & Safety Consultant at Lindsey Consulting

Aurora Martin, JD, Co-Executive Director, Community Capacity Building at Front and Centered; Founder of popUPjustice

Nancy Simcox, MS, Lecturer and Director of the Continuing Education Programs, University of Washington DEOHS; Affiliate Instructor, Nursing and Health Studies, Bothell

"Now is the perfect time for developing additional leadership skills. The assessments I took during the course allowed me to gain a 360 perspective and contrast how others saw me compared to how I viewed myself. Taking time to discuss with others and reflect upon the building blocks that got me where I am, allowed me to gain insights on what I may need and/or choose to work on move forward. This has made me more intentional not only in my own professional development, but how I interact, motivate, and develop others - a critical need in these challenging times we find ourselves living."

- Ann Lindsey, Transformational Leadership Academy development committee member, and participant in pilot transformational leadership training.

To request disability accommodation, contact the Disability Services Office at least 10 days in advance at: 206-543-6450 (voice); 206-543-6452 (TDY); 206-685-7264 (FAX); or dso@u.washington.edu (e-mail)



**NORTHWEST CENTER FOR
OCCUPATIONAL HEALTH AND SAFETY**
ENVIRONMENTAL & OCCUPATIONAL HEALTH SCIENCES | SCHOOL OF PUBLIC HEALTH

**FOSTER
SCHOOL OF BUSINESS**

Center for Leadership and Strategic Thinking