



## PACIFIC NORTHWEST OSHA EDUCATION CENTER

ce@uw.edu

206-685-3089 or 800-326-7568

### Seattle courses held at:

4225 Roosevelt Way NE, Suite 100

Seattle, WA 98105

# Seattle Accommodations and Transportation

## AIRPORT TRANSPORTATION

### Shuttle Express Shared Ride

Call (425) 981-7000 to make a reservation

### Speedi Shuttle Shared Ride

Make a reservation online:  
speedishuttleseattle.com

### Seattle Yellow Taxi

Visit taxi stand on 3<sup>rd</sup> floor of parking garage or call (206) 622-6500  
seattleyellowcab.com

### Lyft, Uber, & Wingz

Arrange your ride via the app, your driver will meet you at the Ground Transportation Plaza on the 3<sup>rd</sup> floor of the parking garage.  
*Follow signs for rideshare pickup area*

*For public transportation information please visit the Port of Seattle's SeaTac Ground Transportation Website.*

## DRIVING DIRECTIONS

### From Interstate 5

#### Northbound

1. Take exit 169 for NE 45<sup>th</sup> St
2. Keep right at the split, and turn right onto NE 45<sup>th</sup> St
3. Turn right onto Roosevelt Way
4. The destination will be on your right at the intersection of 42<sup>nd</sup> and Roosevelt.

#### Southbound

1. Take Exit 169 toward NE 45<sup>th</sup> St.
2. Turn Left onto NE 45<sup>th</sup> St.
3. Turn Right onto Roosevelt Way
4. The destination will be on your right, at the intersection of 42<sup>nd</sup> and Roosevelt

## Driving Directions Cont.

### **From Highway 520 Westbound**

Preferred Route:

1. Take the Roanoke St. Exit
2. Continue straight on Harvard Ave E
3. Use any lane to turn slightly right onto Eastlake Ave E
4. Continue straight on 11<sup>th</sup> Ave NE
5. Turn left onto NE 42<sup>nd</sup> St
6. Turn left onto Roosevelt Way
7. The destination is immediately on your right

Alternate Route:

Take exit for I-5 Northbound and follow directions from page 1.

## PARKING INSTRUCTIONS

Parking is available under the building for \$15 per day.

The parking garage entrance is located just south of the main building pedestrian entrance, directly across from the University Inn.

Several other paid lots are located near the building and range from \$10-\$15 for all day parking. Please allow extra time for finding parking and walking to the building if you choose to park in one of these lots.

## ACCOMMODATIONS

### **Recommended hotels near the Seattle training facility (University District)**

#### **University Inn**

4140 Roosevelt Way NE, Seattle, WA 98105

(206) 632-5055, [universityinnseattle.com](http://universityinnseattle.com)

- ✓ Directly accross the street from training facility
- ✓ Complimentary breakfast
- ✓ Complimentary Wifi
- ✓ Free shuttle service to and from downtown Seattle and major attractions
- ✓ Seasonal pool (May-Sept)
- ✓ Complimentary bicycles for guest use
- ✓ On-site parking \$10 per day

*Recommended hotels near the training facility cont.*

**Watertown Hotel**

4242 Roosevelt Way NE, Seattle, WA 98105  
(206) 826-4242, watertownseattle.com

- ✓ 1 block from training facility
- ✓ Complimentary Wifi
- ✓ Free shuttle service to and from downtown Seattle and major attractions
- ✓ Complimentary bicycles for guest use
- ✓ On-site parking \$15 per day
- ✓ Free laundry facility
- ✓ Access to University Inn seasonal pool

**Hotel Deca**

4507 Brooklyn Ave NE, Seattle, WA 98105  
800-899-0251, hoteldeca.com

- ✓ 5 minute walk from training facility
- ✓ Complimentary Wifi
- ✓ On-site parking \$21 per day

**Marriott Residence Inn**

4501 12th Ave NE, Seattle, WA 98105  
(206) 322-8887

- ✓ 5 minute walk from training facility
- ✓ Complimentary Wifi
- ✓ Complimentary Breakfast
- ✓ In-room kitchenette
- ✓ Indoor pool
- ✓ On-site parking \$20 per day

## Recommended Hotels in Downtown Seattle

### Hotel 5

2200 5th Avenue , Seattle, Washington, 98121  
877-576-5855, [hotelfiveseattle.com](http://hotelfiveseattle.com)

- ✓ Complimentary shuttle to University District (training facility location) and major Seattle attractions
- ✓ 5 blocks from Seattle Center, 6 from downtown shopping district
- ✓ Complimentary Wifi
- ✓ Complimentary bicycles for guest use
- ✓ On-site parking \$20 per day

### The Maxwell Hotel

300 Roy Street Seattle, Washington, 98109  
877-298-9728, [themaxwellhotel.com](http://themaxwellhotel.com)

- ✓ Complimentary shuttle to University District (training facility location) and major Seattle attractions
- ✓ Located in the heart of the Queen Ann neighborhood, just blocks from the Seattle Center
- ✓ Complimentary Wifi
- ✓ Complimentary bicycles for guest use
- ✓ On-site parking \$20 per day
- ✓ Indoor pool

*For information on places to eat, site seeing, and local events we suggest visiting [visitseattle.org](http://visitseattle.org)*

