

# Pacific Northwest OSHA Education Center

University of Washington osha.washington.edu

ce@uw.edu 206-685-3089 800-326-7568

### Location of Portland Courses

The Sheet Metal Institute 2379 NE 178<sup>th</sup> Ave Portland OR 97230

# **Transportation**

#### From Portland International Airport:

Links to ground transportation options are at <u>www.flypdx.com/groundtransportation</u>.

#### Driving directions:

The Sheet Metal Institute is located just off I-84, approximately 10 miles east of Portland. Free parking is available on site.

From I-84 eastbound	From	I-84	eastbound
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- Take exit 13 for 181<sup>st</sup> Ave
- Turn right onto 181<sup>st</sup> Ave
- Turn right onto NE San Rafael St
- Turn right onto NE 178<sup>th</sup> Ave
- The Sheet Metal Institute is on the left

From I-84 westbound

- Take exit 13 for 181<sup>st</sup> Ave/Airport Way
- Turn left onto 181<sup>st</sup> Ave
- Turn right onto NE San Rafael St
- Turn right onto NE 178<sup>th</sup> Ave
- The Sheet Metal Institute is on the left

#### Public transportation within the greater Portland area: <u>www.trimet.org</u>

## **Accommodation**

#### Several hotels are located within a mile of the Sheet Metal Institute (SMI) in Portland, OR 97230:

My Place Hotel – Portland East 2384 NE 178 <sup>th</sup> Ave 503-807-4427	<u>Four Points Sheraton – Portland East</u> 1919 NE 181 <sup>st</sup> Ave 503-491-1818	Portland Suites – Airport East 1477 NE 183 <sup>rd</sup> Ave 503-661-2200
Across the street from SMI	1/4 mile South of SMI	3/4 mile South of SMI
<u>Hampton Inn – Portland East</u>	<u>Courtyard Marriott – Portland East</u>	WoodSpring Suites –
3039 NE 181 <sup>st</sup> Ave	2811 NE 181 <sup>st</sup> Ave	Portland North Gresham
503-669-7000	503-665-2811	3013 NE 181 <sup>st</sup> Ave
3/4 mile North of SMI	3/4 mile North of SMI	971-220-9480
		3/4 mile North of SMI

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DEPARTMENT OF ENVIRONMENTAL & OCCUPATIONAL HEALTH SCIENCES

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